



### CAMP INSTRUCTIONS:

INDIVIDUAL CAMP SESSIONS ARE DESIGNED TO IMPROVE THE FUNDAMENTAL SKILLS OF VOLLEYBALL. CAMPER'S WILL BE PLACED IN GROUPS OF SIMILAR ABILITY AND AGE. INDIVIDUAL ATTENTION AND INSTRUCTION ARE STRESSED TO RAISE THE LEVEL OF PERFORMANCE AND CONFIDENCE OF EACH CAMPER.



### SAMPLE DAILY SCHEDULE

8:45 CHECK IN:

9:00 STRETCH AND  
WARM UP GAMES

9:30 SKILLS AND INSTRUCTION

10:30 BREAK TIME

10:45 GAMES AND SCRIMMAGE

11:45 REVIEW AND WRAP UP

12:00 DISMISS

PLEASE PICK YOUR CHILD UP  
BY 12:15

### CAMP STAFF

LORRI JOHNSON- HEAD COACH SDHS  
Trevor Fuller, Christy Johnson, Lauren Traub,  
And Andrea Johnson

LATE REGISTRATION FEE IS  
\$60.00 AFTER MAY 29<sup>TH</sup>

MAKE CHECKS PAYABLE TO  
Lorri Johnson



PARENTS,  
WE WOULD LIKE TO  
THANK YOU AND YOUR  
CHILD FOR ATTENDING  
OUR CAMP. WE ARE  
EXCITED FOR THE  
OPPORTUNITY TO  
POSITIVELY INFLUENCE  
YOUR CHILD'S INTEREST  
IN THE GREAT SPORT OF  
VOLLEYBALL. FOR SOME  
THIS WILL SERVE AS AN  
INTRODUCTION, AND FOR  
OTHERS WILL BE AN  
ADDITION TO PREVIOUSLY  
LEARNED SKILLS. NO  
MATTER WHAT THE SKILL  
LEVEL, EVERY PLAYER  
SHOULD COME AWAY  
WITH A BETTER  
UNDERSTANDING OF THE  
GAME, HAVING IMPROVED  
THEIR SKILLS, AND HAVE  
MANY NEW FRIENDS.

IF YOU HAVE QUESTIONS  
OR CONCERNS, FEEL FREE  
TO CALL .

THANK YOU FOR YOUR  
SUPPORT!

LORRI JOHNSON  
645-2324





SEND REGISTRATION WITH  
 \$50.00 FEE TO: Lorri Johnson  
 8741 Brookhill Dr.  
 Hixson, TN 37343



**2010 YOUTH  
 VOLLEYBALL  
 CAMP**

**@ SODDY  
 DAISY  
 HIGH**

**JUNE 14<sup>th</sup>-17<sup>th</sup>**

**9:00-12:00**

**GRADES 3-9**

**HEAD Coach:**

**Lorri Johnson**

**S.D.H.S**

**Assistants:**

**Trevor Fuller**

**Christy Johnson**

**Lauren Traub**

**Andrea Johnson**

\_\_\_\_\_  
 Camper's name

\_\_\_\_\_  
 Mailing address

\_\_\_\_\_  
 City State Zip

\_\_\_\_\_  
 Parent/Guardian

\_\_\_\_\_  
 Phone #'s

\_\_\_\_\_  
 School Grade Age

\_\_\_\_\_  
 Insurance

\_\_\_\_\_  
 Emergency contact

\_\_\_\_\_  
 Parent/guardian signature

T-shirt size: Youth M L XL

Adult S M L XL